



UNIVERSITY HEALTH SERVICE
(860) 832-1925

REQUEST FOR EXEMPTION FROM MEASLES, MUMPS, RUBELLA, MENINGITIS, VARICELLA VACCINATION REQUIREMENTS

Student Name: _____ Date of Birth: _____ Student ID : _____
(please print clearly)

Immunization is a safe and effective way to protect you against vaccine-preventable diseases that can hurt, cripple and even kill. State law requires that all matriculated college and university students show proof of adequate immunity to measles, mumps, rubella, and varicella. All students who live in residence halls need to show proof of adequate vaccination against bacterial meningitis.

Why Immunize?

1. **Measles** is a serious disease characterized by rash and moderate to high fever. It can lead to pneumonia, serious ear infections, deafness, convulsions, inflammation of the brain and even death. The severe complications develop in one out of every 1,000 cases; one in ten of such complicated cases will result in death.
2. **Mumps** is a contagious viral illness best known for the swelling of the cheeks and jaw that it causes. It can occasionally cause serious complications such as inflammation of the testicles (orchitis) which can lead to fertility problems. Other rare complications include: encephalitis/meningitis; inflammation of the ovaries (oophoritis) and/or breasts (mastitis); and deafness.
3. **Rubella** or German Measles is an infectious viral disease characterized by mild fever and rash. The major risk is to non-immune women who catch the disease early in pregnancy. Such women are likely to have a baby with serious birth defects.
4. **Varicella (chicken pox)** is a common childhood disease. It is usually mild, but it can be serious, especially in young infants and adults. It can lead to severe skin infection, scars, pneumonia, brain damage, or death. The chickenpox virus is spread through the air, or by contact with fluid from chickenpox blisters. Before the vaccine, about 11,000 people were hospitalized for chickenpox each year in the United States and about 100 people died each year as a result of chickenpox in the United States.
5. **Meningococcal Disease** is a rare but potentially life threatening bacterial infection that requires immediate treatment. The bacterium, *Neisseria meningitidis*, is the responsible germ which can manifest in one's body as meningitis (an inflammation of the thin lining of the brain and spinal cord), septicemia (blood poisoning) as well as arthritis and pneumonia.

I have read and understand the above risks from these vaccine-preventable illnesses. I have had the opportunity to discuss this with a medical provider. I request exemption from the Measles/Mumps/Rubella, Varicella, and/or Meningococcal Disease immunization requirements for the following reason(s)

- ____ Pregnancy / _____ due date
- ____ Medical contraindication (a physician letter documenting the reason for exemption is required)
- ____ Religious reason (please submit a statement that claims that a vaccination is contrary to your religious beliefs)

In consideration for that exemption, I hereby waive any and all claims against Central Connecticut State University (CCSU) and its faculty, staff, employees and/or agents which may arise as the result of my failure to be immunized, and agree to indemnify and hold harmless CCSU from any claims or causes of action brought against it or its faculty, staff, employees or agents as a result of my failure to be immunized. I further understand that in the event that a case or cases of measles and/or rubella is/are discovered on campus, I may be temporarily excluded from classes, residence halls or the CCSU campus at the discretion of the University.

Signature

Date